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## T-Birds New Spring In Their Step Thanks to Local Company

If the UBC Thunderbirds men's basketball team seems to have a bigger spring in their step this fall, your eyes aren't deceiving you.

PrintProgressive Health Innovations (PHI), a local company based out of Port Moody, has donated one pair of their Ankle Foot maXimizers (AFX) to each UBC Thunderbird as a thank you to the team for participating in a 12-week trial last year.

According to the results of the trial, players that used the AFX had substantial increases in their vertical jump (by an average of three inches), while the product also helped significantly in the agility and balance portions of the test.

UBC head coach Kevin Hanson was impressed with the results of the trial and grateful for the gift from PHI. "Not only were the results good from a physiological standpoint but I also believe it played a major factor in injury prevention. We will certainly be incorporating this product into our training as we go forward and get ready for the upcoming season."

Matt Ferguson, PHI President and CEO, is glad his product is beginning to help athletes improve their game and stay on the court.

"We are starting to get some traction in the marketplace and the trial UBC participated in helped us gain some valuable research to confirm what we knew the AFX could do," said Ferguson. "In this economic climate it can be tough for a local company to get the support it needs, but working with the T-Birds really paid off. The 18 pairs of AFXs we provided will not be the biggest donation UBC has ever received, but we are thrilled to be able to support the T-Birds and give something back to the University."

UBC begins their pre-season on October 15th at home against the Laval Rouge et Or. They kick-off their Canada West schedule on October 30th against the Trinity Western Spartans.

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Nov	December 2009						Jan
SU	MO	TU	WE	TH	FR	SA	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

Tue, Dec. 29, 2009 [VIEW FULL SCHEDULE](#)

There are no events scheduled.

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[Baseball](#)[Basketball \(m\)](#)[Basketball \(w\)](#)[Cross Country \(m/w\)](#)[Field Hockey \(m\)](#)[Field Hockey \(w\)](#)[Football](#)[Golf \(m\)](#)[Golf \(w\)](#)[Ice Hockey \(m\)](#)[Ice Hockey \(w\)](#)[Rowing \(m/w\)](#)[Rugby \(m\)](#)[Rugby \(w\)](#)[Skiing \(Alpine\)](#)[Skiing \(Nordic\)](#)[Soccer \(m\)](#)[Soccer \(w\)](#)[Softball](#)[Swimming \(m/w\)](#)[Track \(m/w\)](#)[Volleyball \(m\)](#)[Volleyball \(w\)](#)

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