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The Doctor Is In! AFX Named Supplier Sponsor to Champion Triathlete Dr. Amanda Stevens

Port Moody, BC - Progressive Health Innovations Inc. is very excited to announce that AFX – Ankle Foot maXimizer, has become a Supplier Sponsor to champion triathlete Dr. Amanda Stevens.

"We are thrilled to have Dr. Stevens using AFX," said Matt Ferguson, Progressive Health's President and CEO. "When she first contacted us she was dealing with some foot and ankle issues, and looking to improve her performance. She started using AFX and in a very short period of time has seen great improvements in her strength and stability."

Dr. Stevens has been using AFX since mid-March and it has become a regular part of her training itinerary.

"After several failed attempts to find stretch cords/bands to do focused and controlled work on my foot and ankle stabilizers, I found AFX. And, man, I am glad I did!" said Dr. Stevens. "It is what I've been needing for such a long time! In just a few short sessions, I saw improvement in the control of movement and range of motion in my foot and lower leg. This has allowed for me to have better stability and proprioception during my runs, which translates to faster and more efficient running!"

For More Information Contact:

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About AFX & Progressive Health Innovations Inc.

www.AFX-online.com / www.progressivehealth.ca

Progressive Health Innovations Inc., is a Vancouver-based health technology company that develops user-friendly and affordable products for the athletic training, rehabilitation and sports medicine markets. The first product line launched is the AFX – Ankle Foot maXimizer, a foot and ankle-strengthening technology currently used by Professional Triathletes, Olympians, pro athletes/teams (NFL, NBA, MLB, NHL, PGA/LPGA & MLS), leading training and physical rehabilitation facilities, and the military.

About Doctor Amanda Stevens

www.DrAmandaStevens.com

Dr. Stevens earned her medical degree from the University of Oklahoma Medical School in 2006, and is also a graduate of Texas Christian University, where she was an All-Conference swimmer and USA Swimming Senior National Qualifier. As a professional, her career highlights include winning the 2013 Brasil Ironman, Ironman 70.3 USA Pro Championship, multiple Ironman 70.3 Championships, Multiple 5i50 Championships, and placing in the top 10 in 2008, 2009 and 2010 at the Ironman 70.3 World Championships. Dr. Stevens strives to create a positive change by encouraging people to live a healthier way of life. By being a role model for a younger generation, she hopes to share the message that "anything is possible," and everyone can make simple choices today that will lead to a happy and successful life.

